

Cardio Checklist

INFORMATION			FEATURES														
Company Name	Product Model	Website	Easy Ingress/Egress	Promotes Independent use	Step-through Design	Upright	Reclining	Swivel Seat For Access	Handrail Support	Foot Straps	Leg Stabilizer	Safety Belt	Heart Rate Transmitter Belt	Wheelchair Accessible	Low Starting Workload	Bi-Directional Option	All Body Option
Biodex Medical Systems, Inc.	BioStep 2 - Elliptical	www.biodex.com/biostep	•	•	•		•	•	N/A	•	•	•			•	•	•
Biodex Medical Systems, Inc.	Gait Trainer 3 - Treadmill	www.biodex.com/gait	•	•	N/A	•	N/A	N/A	•	N/A	N/A	N/A		N/A	•	•	N/A
Biodex Medical Systems, Inc.	RTM600 Rehabilitation Treadmill	www.biodex.com/treadmill	•	•	N/A	•	N/A	N/A	•	N/A	N/A	N/A		N/A	•	•	N/A
Biodex Medical Systems, Inc.	Upper Body Cycle	www.biodex.com/ubc	•	•	•	•		•	N/A	N/A	N/A	•		•	•	•	N/A
Endorphin Corporation	Upper and Lower Resistance Cycle	www.endorphin.net	•	•	•	•				•			•	•	•	•	•
Endorphin Corporation	Cycle Stand	www.endorphin.net	•	•	•	•	N/A	N/A						•	•	•	•
Endorphin Corporation	Table Top Cycle	www.endorphin.net	•	•	N/A	•	N/A	N/A						•	•	•	•
Matrix Fitness	A3x Ascent Trainer	www.matrixfitness.com	•	•	N/A	N/A	N/A	N/A	•						•	•	•
Matrix Fitness	A5x Ascent Trainer	www.matrixfitness.com	•	•	N/A	N/A	N/A	N/A	•						•	•	•
Matrix Fitness	A7xe Ascent Trainer	www.matrixfitness.com	•	•	N/A	N/A	N/A	N/A	•						•	•	•
Matrix Fitness	A7xi Ascent Trainer	www.matrixfitness.com	•	•	N/A	N/A	N/A	N/A	•						•	•	•
Matrix Fitness	E1x Elliptical	www.matrixfitness.com	•	•	N/A	N/A	N/A	N/A							•	•	•
Matrix Fitness	E3x Elliptical	www.matrixfitness.com	•	•	N/A	N/A	N/A	N/A	•						•	•	•
Matrix Fitness	E5x Elliptical	www.matrixfitness.com	•	•	N/A	N/A	N/A	N/A	•						•	•	•
Matrix Fitness	E7xe Elliptical	www.matrixfitness.com	•	•	N/A	N/A	N/A	N/A	•						•	•	•

			CLIENT FEEDBACK			LENGTH OF WARRANTY		PATIENT DATA SUMMARY					PATIENT FRIENDLY					Vendor Comments
Arm & Leg Length Adjustments	Isokinetic Available	Heart Rate	Workload - Watts	Workload - Mets	Parts	Labor	Heart Rate	Workload - Watts	Workload - Mets	Testing Protocol Included	Save results to USB	Touchscreen Software	Adjustable Monitor	Movable Arm Rest	On-demand Video Training	Free Technical Support		
•		•	•	•	2 years	1 year	•	•	•					•		•	The BioStep® 2 incorporates upper and lower extremities into the cycling motion; patients experience less local muscle fatigue. Similar heart rates can be achieved at lower rates of perceived exertion when compared to traditional exercise ergometers.	
N/A	N/A	•		•	2 years	1 year	•		•		•		•	N/A	•	•	The Gait Trainer™ 3 is more than just a treadmill. It is designed with an instrumented deck that provides audio and visual real-time biofeedback of step length and step speed. The Gait Trainer 3 increases cardiovascular capacity and endurance.	
N/A	N/A	•		•	2 years	1 year	•		•			•	•	N/A		•	The RTM600™ Rehabilitation Treadmill is the only treadmill to offer a true zero starting speed, 1/10 mph speed increments over range of 0-10 mph. Monitor heart rate with Polar® contact handgrips (telemetry compatible) to ensure proper training intensity.	
•	•			•	2 years	1 year	•	•	•							•	The Biodex Upper Body Cycle is a versatile ergometer that meets the demands of any orthopedic rehabilitation, cardiac, sports medicine, wellness, or general conditioning program. For heart rate monitoring, the Upper Body Cycle is telemetry compatible.	
•					5 years	N/A	•	•					•			•	The 370 upper and lower body series is an adjustable and wheelchair accessible platform that offers active, independent resistance.	
	•				5 years	N/A	•	•				•	•	N/A		•	The 355 series is an adjustable, wheelchair accessible stand that fits the Endorphin cycles. Pairing an Endorphin cycle with the 355 stand makes the unit functional from a seated or standing position for optimal workout options.	
•	•				5 years	N/A	•	•				•	•			•	Endorphin's 300 hand cycle series is a complete upper body muscle-conditioning platform. Providing excellent body core stabilization; optional foot pedals for lower body use make the 300 Series a complete and adaptable exercise unit.	
•	•				3 years	3 years	•	•	•							•	The A3x offers adjustable incline and variable stride length to match the body's natural movement, with dual-action upper arms for an efficient total-body workout. The A3x trainers also can be operated in self-powered modes for cost savings.	
•	•				3 years	3 years	•	•	•							•	This Ascent Trainer® model has variable stride length, adjustable incline, and a new profile display to its LED console. Users can charge iPod® media players, and you can run the trainer in self-powered mode, providing flexibility.	
•	•				3 years	3 years	•	•	•							•	The A7xe is versatile. Its adjustable incline and variable stride length give users control over the feel and intensity of workouts, and the iPod connectivity gives them access to their own audio and video.	
•	•				3 years	3 years	•	•	•							•	The A7xi features a touch screen with app interface along with iPod connectivity and the immersive Virtual Active™ system. The adjustable incline, resistance, and stride length provide tailored workouts.	
	•				3 years	3 years	•	•	•							•	Designed for limited-use facilities, the E1x features a 19" stride length, a highly readable 7" blue backlit LCD console display and auto-positioning pedals for a very smooth and natural workout.	
	•				3 years	3 years	•	•	•							•	This compact Suspension Elliptical™ trainer provides perpetually fluid motion, courtesy of its 21" stride length and brushless, maintenance-free generator system, which delivers smooth operation and extra-low starting resistance.	
	•				3 years	3 years	•	•	•							•	This Suspension Elliptical™ trainer offers a compact platform and great value. It is equipped with an intuitive LED console and new profile display for easy operation, and it can charge iPod® portable media players.	
	•				3 years	3 years	•	•	•							•	A touch screen makes it easy for users to get on and get going, and the display doesn't get any clearer. The 21" stride length, constant rate of acceleration and patented suspension design deliver a comfortable, efficient and natural workout.	

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Matrix Fitness	E7xi Elliptical	www.matrixfitness.com	•	•	N/A	N/A	N/A	N/A	•						•	•	•
Matrix Fitness	Functional Trainer	www.matrixfitness.com	•	•	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	•	•	•	•
Matrix Fitness	H3x Hybrid Bike	www.matrixfitness.com	•	•	•	•	•		•	•					•		
Matrix Fitness	H5x Hybrid Bike	www.matrixfitness.com	•	•	•	•	•		•	•					•		
Matrix Fitness	H7xe	www.matrixfitness.com	•	•	•	•	•		•	•					•		
Matrix Fitness	H7xi	www.matrixfitness.com	•	•	•	•	•		•	•					•		
Matrix Fitness	Krankcycle	www.matrixfitness.com	•	•	N/A	N/A	N/A							•	•	•	
Matrix Fitness	R3x Recumbent Bike	www.matrixfitness.com	•	•	•		•		•	•					•		
Matrix Fitness	R5x Recumbent Bike	www.matrixfitness.com	•	•	•		•		•	•					•		
Matrix Fitness	R7xe Recumbent Bike	www.matrixfitness.com	•	•	•		•		•	•					•		
Matrix Fitness	R7xi Recumbent Bike	www.matrixfitness.com	•	•	•	N/A	•		•	•			•		•		
Matrix Fitness	T1x Treadmill	www.matrixfitness.com	•	•	N/A	N/A	N/A	N/A	•	N/A	N/A	N/A			•		
Matrix Fitness	T1xe Treadmill	www.matrixfitness.com	•	•	N/A	N/A	N/A	N/A	•	N/A	N/A	N/A			•		
Matrix Fitness	T3x Treadmill	www.matrixfitness.com	•	•	N/A	N/A	N/A	N/A	•	N/A	N/A	N/A	N/A	N/A	•		
Matrix Fitness	T3xe Treadmill	www.matrixfitness.com	•	•	N/A	N/A	N/A	N/A	•	N/A	N/A	N/A			•		
Matrix Fitness	T5x Treadmill	www.matrixfitness.com	•	•	N/A	N/A	N/A	N/A	•	N/A	N/A	N/A			•		
Matrix Fitness	T7xe Treadmill	www.matrixfitness.com	•	•	N/A	N/A	N/A	N/A	•	N/A	N/A	N/A			•		

			CLIENT FEEDBACK			LENGTH OF WARRANTY		PATIENT DATA SUMMARY					PATIENT FRIENDLY					Vendor Comments
Arm & Leg Length Adjustments	Isokinetic Available	Heart Rate	Workload - Watts	Workload - Mets	Parts	Labor	Heart Rate	Workload - Watts	Workload - Mets	Testing Protocol Included	Save results to USB	Touchscreen Software	Adjustable Monitor	Movable Arm Rest	On-demand Video Training	Free Technical Support		
	•	•	•	•	3 years	3 years	•	•	•			•			•	•	With vibrant picture quality, a touch-screen with an app interface, iPod compatibility, WiFi connectivity and Virtual Active programming, the E7xi offers sophisticated entertainment.	
•		N/A	N/A	N/A	3 years	3 years	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	•	The Matrix Functional Trainer offers more than 200 exercise options in one machine. It features multi-grip pull-up handles, special rock-climbing attachments and a swiveling accessory station to keep additional training handles within reach.	
•	•	•	•	•	3 years	3 years	•	•	•						•	•	The self-powered, step-through H3x offers the best of both upright and recumbent cycling, combining an elevated seating position with back support and movable armrests.	
•	•	•	•	•	3 years	3 years	•	•	•						•	•	With its easily accessible seat, recumbent-like back support and moveable armrests, this Hybrid Cycle™ model will keep your members pedaling comfortably for miles.	
•	•	•	•	•	3 years	3 years	•	•	•			•			•	•	The cordless, self-powered H7xe has an intuitive touch screen that makes the bike accessible to users of all levels, and the VistaClear™ Television Technology delivers the most vibrant display in the industry.	
•	•	•	•	•	3 years	3 years	•	•	•			•			•	•	The new H7xi blends the back support and movable armrests of recumbent styling with a higher seat for a more traditional cycling experience.	
•		•			1 year	1 year	•								•	•	The Krankcycle® is an upper-body stationary cycle with independent crank arms, enabling forward and reverse movements. Comfortable and easy to use, it allows users to train with a single arm or to integrate their entire upper body.	
•	•	•	•		3 years	3 years	•	•	•							•	The R1x offers smooth operation and an ultra-low starting resistance, and it is self-powered and cord-free for cost savings and placement flexibility. Its highly readable 7" blue backlit LCD display provides multiple workout options.	
•	•	•	•	•	3 years	3 years	•	•	•							•	The Matrix R5x recumbent cycle offers a step-through design for simple entry, and its Ergo Form™ seat and back pad are designed to be comfortable and supportive, allowing users to work out longer if they'd like.	
•	•	•	•	•	3 years	3 years	•	•	•			•			•	•	The R7xe features Ergo Form™ seat offers optimal support and promote proper body alignment. The touch-screen console is iPod compatible, providing access to personal audio and video libraries.	
N/A		•	•	•	3 Years	3 Years	•	•	•	•	•	•				•	The R7xi offers the best in low-impact exercise and up-to-the-minute entertainment. The Ergo Form™ seat encourages proper body alignment, and the low-watt starting resistance is ideal for beginning, rehabbing or deconditioned users.	
		•			limited commercial warranty	limited commercial warranty	•									•	The T1x blends value and performance. The Ultimate Deck™ system delivers more than 25,000 miles of maintenance-free use. The large LED display makes it easy to view workout feedback and control treadmill speed, programs and other features.	
		•	•	•	3 years	3 years	•	•	•			•			•	•	The T1xe delivers a comfortable, durable and virtually maintenance-free workout. The T1xe also has an intuitive touch-screen display, and the console is compatible with Virtual Active programming.	
		•	•	•	3 years	3 years	•	•	•							•	Intuitive operation and durability join forces in the T3x. Multiple training programs and myriad display options give users on-the-fly control of their workouts.	
		•	•	•	3 years	3 years	•	•	•			•			•	•	The T3xe touch-screen display puts control at users' fingertips, and on-the-fly program changes give them control. Vista Clear™ Television Tech logy offers the most vivid console display, which is compatible with Virtual Active programming.	
		•	•	•	3 years	3 years	•	•	•							•	For a superior treadmill that fits all members, choose the Matrix T5x with new profile display. It features an LED console that minimizes intimidation for new users, while providing a complete workout selection to challenge advanced exercisers.	
		•	•	•	3 years	3 years	•	•	•			•			•	•	The T7xe has an intuitive touch screen that enables users to hop on and go. Compatibility with Nike + iPod for the Gym provides optional workout tracking, while iPod compatibility offers audio and video playback.	

Cardio Checklist *(continued from page 73)*

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Matrix Fitness	T7xi Treadmill	www.matrixfitness.com	•	•	N/A	N/A	N/A	N/A	•	N/A	N/A	N/A	N/A	N/A	•		
Matrix Fitness	U1x Upright Bike	www.matrixfitness.com	•	•		•			•	•					•		
Matrix Fitness	U3x Upright Bike	www.matrixfitness.com	•	•		•			•	•					•		
Matrix Fitness	U5x Upright Bike	www.matrixfitness.com	•	•		•			•	•					•		
Matrix Fitness	U7xe Upright Bike	www.matrixfitness.com	•	•		•			•	•					•		
Matrix Fitness	U7xi Upright Bike	www.matrixfitness.com	•	•		•			•	•					•		
NuStep, Inc.	Recumbent Cross Trainer	www.nustep.com	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
NuStep, Inc.	T4r Recumbent Cross Trainer	www.nustep.com	•	•	•	N/A	•	•	•	•	•	•	•	•	•	•	•
NuStep, Inc.	T5 Recumbent Cross Trainer	www.nustep.com	•	•	•	N/A	•	•	•	•	•	•	•	•	•	•	•
NuStep, Inc.	T5XR Recumbent Cross Trainer	www.nustep.com	•	•	•	N/A	•	•	•	•	•	•	•	•	•	•	•
SCIFIT	AC5000 Treadmill	www.SCIFIT.com	•	•	N/A	N/A	N/A	N/A		N/A	N/A	N/A	•	N/A	•		
SCIFIT	AC5000M Medical Treadmill	www.SCIFIT.com	•	•	N/A	N/A	N/A	N/A	•	N/A	N/A	N/A	•	N/A	•	•	
SCIFIT	DC1000 Treadmill	www.SCIFIT.com	•	•	N/A	N/A	N/A	N/A	•	N/A	N/A	N/A	•	N/A	•		
SCIFIT	ISO1000 Upright Bike	www.SCIFIT.com	•	•	•	•	N/A	N/A	•	•			•		•		
SCIFIT	ISO1000R Recumbent Bike	www.SCIFIT.com	•	•	•	N/A	•	•	•	•			•		•		•

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Arm & Leg Length Adjustments	Isokinetic Available	Heart Rate	Workload - Watts	Workload - Mets	Parts	Labor	Heart Rate	Workload - Watts	Workload - Mets	Testing Protocol Included	Save results to USB	Touchscreen Software	Adjustable Monitor	Movable Arm Rest	On-demand Video Training	Free Technical Support		
	N/A	•	•	•	3 years	3 years	•	•	•			•			•	•	The true app interface gives users intuitive access to web content during their workouts. With an iPod-compatible console, the T7xi connects users with their audio and video libraries, charges their devices and displays playlist selections.	
•	•	•	•	•	3 years	3 years	•	•	•							•	The U1x offers race-inspired handles with contoured elbow rests and Ergo Form™ seat for a comfortable workout with enhanced ergo mics and multiple workout options. Its maintenance-free drive is completely self-powered and cord-free.	
•	•	•	•	•	3 years	3 years	•	•	•							•	This upright model is equipped with a brushless, maintenance-free generator drive. The U3x also features racing-inspired handlebars with contoured elbow rests and Ergo Form™ seats for comfort, with an easy-to-use LED display to view feedback.	
•	•	•	•	•	3 years	3 years	•	•	•							•	This upright boasts race-inspired handlebars, contoured elbow rests and Ergo Form™ seats for maximum comfort. It features a new profile display and can charge iPod® players, and it is prewired for optional FITCONNEXION™ entertainment hardware.	
•	•	•	•	•	3 years	3 years	•	•	•						•	•	The U7xe blends entertainment features, comfort and cost savings. The intuitive touch screen lets riders get on and go. Device connectivity enables simple workout tracking and gives users access to their own music and video libraries.	
•	•	•	•	•	3 years	3 years	•	•	•			•			•	•	The intuitive app interface offers social media and web content access. Mobile device connectivity lets users enjoy their own audio and video content. The Ergo Form seat provides the right support in the right places.	
•	•	•	•	•	5 years	1 year	•	•	•	•	•	•		•		•	Safe and easy to use, NuStep's recumbent cross trainers inspire independence among users and therapists. Inclusive features like low step-through, 360° swivel seat and user-controlled step length empower users of many ability levels to exercise.	
•		•	•	•	5 year parts	1 year labor	•	•	•			•		•		•	Safe and easy to use, the T4r inspires independence among users and therapists. Inclusive features like a 360° swivel seat, sturdy grab ring and user-controlled step length empower users of virtually all ability levels to exercise.	
•		•	•	•	5 year parts	1 year labor	•	•	•			•		•		•	The T5 offers the same total body workout as the T4r with additional features including a low step-through design, contact heart-rate hand grips, 8 workout programs and 15 resistance levels. Accommodates users up to 500 lbs.	
•	•	•	•	•	5 year parts	1 year labor	•	•	•	•	•	•		•		•	The T5XR represents the pinnacle of NuStep innovation with an extended range of features. 13 workout programs, target heart rate control, constant speed, constant power and 2 exercise testing protocols. Accommodates users up to 600 lbs.	
N/A		•		•	3 years, 5 years frame	1 year	•		•		•	•		N/A		•	The SCIFIT AC5000 Treadmill has a low starting speed of .1 mph, adjustable in .1 increments up to 12 mph, with 0-15% elevation and a 550 lb user capacity. Hospital grade: complies with leakage protection standards. Extended handrails are optional.	
N/A		•		•	3 years, 5 years frame	1 year	•		•		•	•		N/A		•	The SCIFIT AC5000M Medical Treadmill features extended handrails, reverse to 4 mph and decline to -3%. Low starting speed of .1 mph, adjustable in .1 increments up to 12 mph. Hospital grade: complies with leakage protection standards.	
		•		•	3 years, 5 years frame	1 year	•		•		•	•		N/A		•	The SCIFIT DC1000 Treadmill has low starting speed of .4 to 10 mph with elevation to 10%. Features a maintenance free, self-lubricating eucalyptus deck and low step up height of 7". Hospital grade: complies with leakage protection standards.	
•	•	•	•	•	3 years	1 year	•	•	•	•	•	•	•			•	The SCIFIT ISO1000 features step-through easy entry and oversized seat for comfort. Seat has vertical and horizontal adjustment for biomechanical fit. The bike provides low starting resistance with 191 levels of resistance.	
•	•	•	•	•	3 years	1 year	•	•	•	•	•	•	•			•	The SCIFIT ISO1000R Recumbent Bike features step-through for easy entry on a horizontal monorail for safe positioning. The bike provides low starting resistance with 191 levels of resistance.	

Cardio Checklist *(continued from page 75)*

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SCIFIT	ISO7000 Upright Bike	www.SCIFIT.com	•	•	•	•	N/A	N/A	•	•			•		•	•	
SCIFIT	ISO7000R Recumbent Bike	www.SCIFIT.com	•	•	•	N/A	•	•	•	•			•		•	•	•
SCIFIT	PRO1 Sport Standing Upper Body	www.SCIFIT.com	•	•	•	N/A	N/A	N/A	N/A	N/A	N/A	N/A	•	N/A	•	•	•
SCIFIT	PRO1 Upper Body	www.SCIFIT.com	•	•	•	N/A	N/A	•		N/A	N/A		•	•	•	•	
SCIFIT	PRO1000 Upper Body	www.SCIFIT.com	•	•	•	N/A	•	•	N/A	N/A	N/A		•	•	•	•	•
SCIFIT	PRO2 Total Body	www.SCIFIT.com	•	•	•		•	•	N/A	•	•		•	•	•	•	•
SCIFIT	REX Recumbent Elliptical	www.SCIFIT.com	•	•			•	•		•			•		•	•	•
SCIFIT	StepOne Recumbent Stepper	www.SCIFIT.com	•	•	•		•	•	•	•	•		•	•	•	N/A	•
SCIFIT	SXT7000 Elliptical	www.SCIFIT.com	•	•	N/A	•		N/A					•	N/A	•	•	•
SCIFIT	SXT7000E2 Easy Entry Elliptical	www.SCIFIT.com	•	•	N/A	•		N/A	•				•	N/A	•	•	•
Technogym	Elliptical	www.technogym.com	•	•	N/A	•	N/A	N/A	•	N/A	N/A	N/A	•		•	•	•
Technogym	Recumbent Bike	www.technogym.com	•	•	•	N/A	•		•	•			•				
Technogym	Treadmill	www.technogym.com	•	•	N/A	N/A	N/A	N/A	•	N/A	N/A	•	•	N/A	•	N/A	N/A
Technogym	Upper Body	www.technogym.com	•	•	•	•	N/A	N/A	N/A	N/A	N/A	N/A	•	•	•	•	•
Technogym	Upright Bike	www.technogym.com	•	•	N/A	•	N/A	N/A	N/A	•	N/A	N/A	•	N/A	N/A	N/A	N/A

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Arm & Leg Length Adjustments	Isokinetic Available	Heart Rate	Workload - Watts	Workload - Mets	Parts	Labor	Heart Rate	Workload - Watts	Workload - Mets	Testing Protocol Included	Save results to USB	Touchscreen Software	Adjustable Monitor	Movable Arm Rest	On-demand Video Training	Free Technical Support		
•	•	•	•	•	3 years	1 year	•	•	•	•	•	•	•	N/A		•	The SCIFIT ISO7000 features step-through easy entry and oversized seat for comfort. Seat has vertical and horizontal adjustment for biomechanical fit. Bi-directional resistance adds versatility and reciprocal muscle balance.	
•	•	•	•	•	3 years	1 year	•	•	•	•	•	•	•			•	The SCIFIT ISO7000R Recumbent Bike features step-through for easy entry and bi-directional resistance for versatility and reciprocal muscle balance. The bike provides low starting resistance with 191 levels of resistance.	
•	•	•	•	•	3 years	1 year	•	•	•	•	•	•	•			•	The SCIFIT PRO1 Sport Standing Upper Body features a tall mast with sturdy platform for ground-based training; bi-directional resistance; and safe isokinetic strength program. Optional external rotation device is ideal for rotator cuff strengthening.	
•	•	•	•	•	3 years	1 year	•	•	•	•	•	•	•			•	The SCIFIT PRO1 Upper Body features an adjustable tilt head for all heights, seated or standing. Adjustable arm cranks offer 4 ROM settings plus unison motion. Bi-directional resistance for versatility and reciprocal muscle balance.	
•	•	•	•	•	3 years	1 year	•	•	•	•	•	•	•			•	The SCIFIT PRO1000 Upper Body is an entry level upper body exerciser with wheelchair access. It offers adjustable arm cranks with 3 ROM settings plus unison motion. Low starting resistance with 191 levels of resistance.	
•	•	•	•	•	3 years	1 year	•	•	•	•	•	•	•			•	The SCIFIT PRO2 Total Body Exerciser offers upper, lower or total body exercise for versatile rehab. The dependent motion allows stronger extremities to assist weaker ones. Adjustable upper and lower cranks: 3 length settings.	
	•	•	•	•	3 years	1 year	•	•	•	•	•	•	•			•	The SCIFIT REX Recumbent Elliptical has smooth, elliptical movement for total body exercise in both directions. Low seat back for core recruitment and torso rotation. Dual-position handles allow muscle change on the fly.	
•	•	•	•	•	5 years, 10 years frame	1 year	•	•	•	•	•	•	•			•	StepOne Recumbent Stepper offers natural arm-to-leg movement and encourages ADLs like climbing stairs. User-defined stride with Intelli-Stride feedback allows for safe progressions. Optional bariatric seat fits users up to 600 lbs.	
	•	•	•	•	3 years	1 year	•	•	•	•	•	•	•			•	The SCIFIT SXT7000 Elliptical features Bio-Flex footbeds to improve foot and ankle circulation and recruit stabilizing muscles. Features bi-directional resistance for versatility and reciprocal muscle balance. True-to-life, natural walking motion.	
	•	•	•	•	3 years	1 year	•	•	•	•	•	•	•			•	The SCIFIT SXT7000E2 Elliptical features an Easy Entry Package that includes medical handrails and step-up platform. Bio-Flex footbeds help improve foot and ankle circulation and recruit stabilizing muscles. True-to-life, natural walking motion.	
		•			2 years	2 years	•			•	•	•				•	Excite+ Synchro offers a smooth, zero-impact elliptical workout. Dual Hand Sensors and Fast Track Controls on the handles to monitor heart rate and change resistance. All machines feature heart rate, goal oriented and interval options.	
		•			2 years	2 years	•			•	•	•				•	The Recline recumbent bike has walk-through accessibility and adjustments. The back pad angle and the horizontal seat adjustment can be set for all users. A handlebar near the display and the low 4" step-over height for ease of entry and exit.	
N/A	N/A	•	•	•	2 years	2 years	•	N/A	N/A	•	•	•		N/A	•	•	The Run treadmill offers energy savings with enhanced safety features. The Jog treadmill offers features such as the In Motion light, a low 0.25 mph minimum speed, a step-up height of 8", and heart rate program access from the hand sensors.	
•	N/A	•	•	•	2 years	2 years	•	•	•	•	•	•				•	Excite+ Top UBE provides complete upper body cardiovascular training by combining shoulder, torso and core muscle strengthening. Top includes smooth forward-backward arm rotation, rotating handles, and easily adjustable arm length and height.	
	N/A	•			2 years	2 years	•			•	•	•				•	Bike has half-inch seat height increments and narrow width between pedals for a precise fit. The handlebar allows for 3 training positions; hand sensors and fast track controls make adjusting intensity easy. Bike has 23 programs and one test option.	