## Home Exercise and Education Applications

VENDOR																																																				
	SERVI	SERVICE FEATURES													FEATURES																C	OVER	ED AR	REA																		
	Live customer service	One-on-one online training/inservice included Print in multiple formats or page layouts	Real Person Models Available	Line Drawings Available Animation Available	Patient access via mobile device or smartphone app	Ability to send access to patient programs by email	Sends push notifications to remind patients to perform program	Add your own videos and photos	Create templates and protocols Pre-made templates	Set expiration of the online access	Progressive patient programs available Transfer program from one patient to another	Set default customized instructions and	Multiple languages available	Mirror the picture from left to right	Change picture order in the handout  Multi-location settings for multiple clinic locations	Search exercises by key words	Search exercises by filters Search exercises by protocols	Manage/create users and sites with	Automatic program updates	Include your contact details and logo	Ability to add arrows and other rigures to pictures Add custom notes to programs	Edit exercises and texts	Highlight favorites and/or recently selected exercises Patient has ability to communicate with provider	through program	Locally installed	Online access	Links with EMR	Includes Net Promoter Score	Searchable online help system Compliance feedback available for therapist	Multiple languages both for user interface and	exercise instructions Patient information available to all therapists in	racility Option to email or text patient programs	Cardio-pulmonary	Aquatherapy Geriatric	Neurology	Pediatrics Pelvic floor	Speech	Amputee	nands Nerve mobilization	Suspension training	Ball Kinesiotaping	Balance and proprioception	Plyometric Strenath conditionina	Movement restoration	Orthopedics Activity of daily living	Pilates	Yoga	Pregnancy Occupational therapy	Ergomics	Educational content for clinicians Educational content for patients	Vestibular	Myofascial techniques Postural control
Exercise Pro Live www.exerciseprolive.com sales@exerciseprolive.com	n ·					•																•			N/A																• N/A											
Physiotec www.physiotec.ca info@physiotec.ca																																																				
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MedBridge Home Exercise Program www.medbridgeeducation. com/home-exercise- program anna.anderson@ medbridgeed.com							·																																													

**64 Impact** March 2019 www.ppsimpact.org **Impact 65** 

## Home Exercise and Education Applications (continued)

VENDOR INFORMATION				
	Number of providers included with base subscription	Number of patients included with base subscription	Number of exercises included in library with base subscription	Vendor comments
Exercise Pro Live www.exerciseprolive.com sales@exerciseprolive.com	From one to thousands	Unlimited	3,200	Exercise Pro Live is an affordable and comprehensive online HEP system. Provide professional videos, or printed handouts (line art or photos).  Our free patient phone app has a Rewards Gamification component. Includes compliance and net promoter scoring features. Only we offer an exercise default feature to reduce typing and improve efficiency. We also have partnership affiliations with CEU companies for discount for online or in person clinical education. Discounts for APTA members and students.
Physiotec www.physiotec.ca info@physiotec.ca	5	Unlimited	5,000	Physiotec home exercise program helps you communicate exercises with stunning videos and step-by-step instructions, motivating patients to stay on track. Therapists can monitor their patients' compliance, pain levels and more. Boost patient confidence, improve outcomes, and revolutionize your rehabilitation practice.
Wellpepper www.wellpepper.com sales@wellpepper.com	3	Unlimited	Unlimited	Also includes PRO surveys at no extra charge. Proven to improve clinical outcomes in randomized control trial. Custom care plans available, and content from Mayo clinic.
PhysioTools www.physiotools.com ptsales@physiotools.com	1	Unlimited	18,500	<ul> <li>PhysioTools is the professionals' choice for creating personalized exercise programs. We help you improve the wellness of your clients, increase efficiency and improve customer experience and satisfaction.</li> <li>As the recognized market leader, we learn from professionals around the world and evolve accordingly.</li> <li>We combine information from professionals with the best of technology to make the program easy and accessible for everyone.</li> <li>We develop our content to be the most relevant in the industry.</li> </ul>
Physitrack www.physitrack.com/ sales@physitrack.com	Licenses are per clinician	Unlimited	4,500+	Physitrack is a global patient engagement solution with 45,000+ clinical users, serving over 5m patients in 102 countries. Physitrack is part of Apple's tech accelerator program—which helped develop the intuitive and award-winning clinician and patient apps. Physitrack consists of various easy-to-access tools which help clinicians and patients stay connected. Purchase - Licenses can be purchased by clinicians on the Physitrack web site with a discount for APTA Members.
HEP2go - HEP for Rehab Pros HEP2go.com Support-s@HEP2go.com	Pay per member. As low as 1 member. Up to as many as you need.	Unlimited	More than 18,000	<ul> <li>We welcome you to join our mission of exercise accessibility and expanding the database of therapeutic exercises created by professionals like you.</li> <li>HEP2go.com creates professional quality images and videos of thousands of therapeutic exercises AND utilizes the knowledge and minds of 1,000s of clinicians to create and share relevant therapeutic exercises for patients/clients in need.</li> <li>Quickly create custom home exercise programs and deliver them via printed handout, email or SMS text.</li> </ul>
Healigo Healigo.com info@healigo.com	Each provider is \$15/ month	Unlimited	More than 3,000	Healigo lets physical therapy practices get up to speed quickly—add patients, PT's, and start assigning mobile care plans immediately.  Download required, free patient mobile apps, and unlimited patients included with subscriptions starting at just \$15/mo.
i-HEP i-HEP.com info@i-HEP.com	Unlimited	Unlimited	Unlimited	Innovative Video + Web-based Platform = Better HEP Management & Better Patient Education: No stick figures, no hand drawings, no animated creations, no cartoons just video and pictures of real people. If time and customization are key, then the ability to track compliance and update an existing program, easily, would be nexti-HEP.com has that, and more, covered!
MedBridge Home Exercise Program www.medbridgeeducation. com/home-exercise- program anna.anderson@ medbridgeed.com	Subscription is based per provider	Unlimited	6,500	Our Home Exercise Program is a simple yet powerful solution to effectively and efficiently treat your patients. Save time creating and documenting programs through smart search, easy drag and drop functionality, template tools, and EMR integration. Improve your quality and consistency of care through highly customizable and professional programs.