



Fitness Checklist	Functionality/Capabilities														Mktg. Materials						
	Summary			Test areas				Does it contain				Functionality/Capabilities									
	Medical history	Injury history	Current health profile	Strength	Flexibility	Biomechanics	Aerobic capacity	Functional tests	Youth tests	Senior tests	Sports tests	Users can add their own tests	Determines barriers to exercise and health barriers	Identifies risk for disease	Compares functional test results to norm-referenced data	Exercise prescription algorithm to address specific disease modification goals	Software is physical therapist-specific	Maximum number of patients/clients	Maximum number of users (providers)	For clients	For medical providers
Product Name Product Name Manufacturer Website Contact Name, Email Other and Vendor Comments																					
FitTEST Solutions FitTEST www.fittestsolutions.com Gwynn Hegyi, Email: GHegyi@bodydynamicsinc.com Program can support an unlimited number of patients and unlimited number of users. Special academic pricing is also available.	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	1,000,000	1,000,000	•	•	
BioEx Systems Fitness Maker www.BioExSystems.com Doug Feick, Email: Dougf@BioExSystems.com Maintains complete client demographics and photos. Built in fitness test calculators. Able to create custom risk questionnaires, test protocols, and provides education handouts and a physiologic age test. Fitness Maker is a great way to create a cash revenue stream with fitness training and wellness programs.	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	Unlimited	Depends on licensing	•	•	
FITSTATS Technologies, Inc. FITSTATS Wellness www.fitstatsweb.com Francois Gazzano, Email: fgazzano@af-d.com FITSTATS is a web-based system. Free demo available.	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	Unlimited	Unlimited	•	•	
Health Reporter Software Health Reporter 5 www.narbeshuber.com Thomas Narbeshuber, Email: tom@narbeshuber.com A 32-minute Health Reporter video tutorial is available at www.narbeshuber.com/Video.html. Health Reporter works with the user's installation of Microsoft Word to produce highly customizable Microsoft Word reports.	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	Unlimited	Unlimited	•	•	



Fitness Checklist <i>continued from page 55</i>	Functionality/Capabilities														Mktg. Materials						
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Product Name Product Name Manufacturer Website Contact Name, Email Other and Vendor Comments																					
InnovaTech Software HealthCalc www.innovatechsoftware.com Mike Dehn, Email: dehn@innovatechsoftware.com HealthCalc offers modules for fitness assessment (FitCalc), HeartCalc (coronary risk assessment) and RiskCalc (Health Risk Assessment and Lifestyle Profile). Additional MemberTrack (member management) modules are available for fitness centers. HealthCalc also offers online (web-hosted) solutions on a subscription basis	•	•	•	•	•	•	•	•			•	•	•	•			NA	NA			
MicroFit HealthWizard www.microfit.com Paul Vodak, Email: paul.vodak@microfit.com For over 25 years MicroFit's fitness and wellness assessment software and testing equipment have been used by medical fitness facilities, colleges, and the U.S. military as a measurement and reporting tool for health promotion and wellness programs.	•		•	•	•		•	•	•	•	•		•	•			100,000	5			
OptimisPT OptimisSport www.optimissport.com Todd Gatzow, Email: tgatzow@optimiscorp.com OptimisSport provides turnkey solutions designed to help you deliver wellness, weight management, injury prevention, and sports performance services. OptimisPT + Sport! Learn more by visiting www.optimissport.com HEART: Assess clients and prescribe plans that reduce cardiovascular risks. DELTA: Corporate wellness programs that generate cash pay business! START: Assess a clients likelihood of injury and readiness to participate in their chosen sport.	•	•	•	•	•	•	•	•	•	•		•	•	•	•	•	NA	NA	•	•	

Reporting		System/ Software	System/Software	Price Structure	Devices Used	Support
•	Customizable to practice (can include practice logo)					
•	Able to send electronically to medical provider or client					
•	Able to generate hard copy for client					
•	Customizable strength and flexibility program development					
•	Allows comparative reports over time					
•	Ability to email results					
•	Users can set goals and track goal achievement					
•	Ability to analyze and compare group data					
	Runs on Explorer	NA				
•	Runs on Safari	NA				
•	Runs on Firefox	NA				
•	Runs on Google Chrome	NA				
•	Windows based		•			
•	Mac version					
•	Stand alone—does not require any other software or program to run		NA			
•	Suitable for multiple locations		•			
•	Software designed specifically for PTs					
	Subscription fee structure					
	One-time purchase		•			
	Separate licensing fee for each site/location		•			
	Separate fee for each user					
•	Fees based on number of clients					
	Separate fee for support		•			
•	Training included		•			
•	Automatic upgrade fee					
•	Tablet					
•	PC/Desktop		•			
•	Laptop		•			
	Handheld					
•	Available within 24 hours		•			
•	Training available online		•			
	Training available on customer site		•			
•	Ongoing support included in package price		•			